



TRAUMA SUPPORT[®] FREEDOM AND RECOVERY

- *Shock, guilt, difficulty functioning, denial, disbelief*

+ *Recovery, able to move forward, acceptance*

A highly effective **restorative** plant infusion blend to support emotional healing and letting go. Assists in restoring natural equilibrium and sense of safety allowing you to move on from painful experiences. Gentle and freeing. Use for the after effects of traumatic experiences, when feeling guilty, empty, dead or lost, or when experiencing turmoil, suffering or sorrow.

Trauma Support[®] provides support when you are experiencing any of the following:

- Going through a sudden upset, major transition or unexpected change in circumstances causing you emotional pain, turmoil, suffering, guilt or sorrow.
- Feeling emotionally traumatised.
- Being stuck at cross roads and feeling lost.
- Feeling burnt out, dead or numb inside.
- Feeling helpless or disempowered by life.
- Feeling attached to the past and 'how it used to be'.

Benefits:

- Assists in restoring peace and stillness after painful or traumatic experiences.
- Supports you in gently releasing attachments and letting go of painful thoughts and emotions.
- Supports you in keeping your mind open to change and transformation.
- Encourages you to move forward and embrace new possibilities.
- Helps you to be like a phoenix rising from the ashes.

Ingredients:

Alkaline mineral water, ethanol (natural preservative), aqueous botanical infusions of King Fern (*Marattia salicina*), Rasp Fern (*Doodia media*), Shaking Brake Fern (*Pteris tremula*), Silver Fern (*Cyathea dealbata*), Whau (*Entelea arborescens*), Akeake (*Dodonaea viscosa*) and Golden Tainui (*Pomaderris kumeraho*).

How to Use:

Place 2-4 drops directly under the tongue. Adult: Repeat 3-4 times daily. Child: Repeat 2-3 times daily. Safe to take more frequently if desired and for as long as required. For maximum benefit, once the 20ml oral drops bottle is opened, continue taking until the bottle is finished.

