



Mothers Support®



MOTHERS SUPPORT®

CAPABLE AND ASSURED

- *Overwhelm, guilt, frustration, 'out of sorts', tired, empty*

+ *Capable, present, balanced, at peace, loving*

A highly effective **reassuring** plant infusion blend to support the natural intuition of a mother. Helps to feel centred, confident and assured in your role as a mother so you are able to deal with situations in a stress free manner and provide nurturing and care to others. Use at any stage of motherhood or when feeling stressed due to the many demands on yourself and juggling the role of a mother.

Mothers Support® provides support when you are experiencing any of the following:

- Feeling worried about being a 'good' mother.
- Living in the past, feeling guilty, stressed, tired or emotional.
- Feeling anxious about routine or lack of structure.
- Feeling isolated, misunderstood, empty or numb.
- Dealing with an extended family situation, providing foster care or adopting children.
- Feeling tired or needing courage and fortitude to face a difficult situation.

Benefits:

- Assists you to respond naturally with the power of love.
- Provides support to women who feel they do not fit into the traditional role of the 'mother'.
- Supports emotional self-sufficiency, particularly when there are few external support structures.
- Helps to let go of guilt, regret and frustration to be at peace with yourself and others.
- Assists with tapping into your own feminine power and feel supported by the loving feminine energy.
- Promotes the ability to be present and enjoy each moment.

Ingredients:

Alkaline mineral water, ethanol (natural preservative), aqueous botanical infusions of Native Harebell (*Wahlenbergia gracilis*), Matai (*Prumnopitys taxifolia*), Mount Cook Lily (*Ranunculus lyallii*), Koromiko (*Hebe stricta*), Tree Fuchsia (*Fuchsia excorticata*) and Hen and Chickens Fern (*Asplenium bulbiferum*).

How to Use:

Easy to use 20ml oral drops. Place 2-4 drops directly under the tongue. Repeat 3-4 times daily. Safe to take more frequently if desired and for as long as required. For maximum benefit, once the 20ml oral drops bottle is opened, continue taking until the bottle is finished.

