



BIRTH SUPPORT©

WELCOME BABY

- *Worry, fear, uncertainty, difficulties, confusion*

+ *Harmony, feminine strength, sense of security*

A highly effective **protective** plant infusion blend to support a mother's natural instinct and healthy emotional bond between mother and baby. Provides emotional strength in preparation for birth. Helps to feel protected by nature so you are able to tenderly welcome your baby to the world and into your life. Use during pregnancy and birthing. Safe for both mother and baby.

Birth Support© provides support when you are experiencing any of the following:

- Feeling uncomfortable with not being able to control the situation.
- Having fear of physical pain.
- Experiencing 'stage fright' type nerves.
- Feeling tired or apprehensive during a prolonged or difficult labour.
- Feeling anxious about change or adapting to a new life as a mother.
- Feeling overwhelmed, doubting your ability to cope or having little emotional support.
- Wanting to be focused, stay positive and get things moving in times of stasis.

Benefits:

- Supports you in vanquishing unwanted thoughts, worries and fears.
- Assists in initiating a healthy emotional bond between Mother and Baby.
- Assists in developing strength to be able to accept and deal with challenging or changing circumstances.
- Helps to connect with your instinctual nature and be at ease with your physical body and its processes.

Ingredients:

Alkaline mineral water, ethanol (natural preservative), aqueous botanical infusions of Marlborough Rock Daisy (*Pachystegia insignis*), Starry Hibiscus (*Hibiscus trionum*), Kanuka (*Kunzea ericoides*), King Fern (*Marattia salicina*), Tree Fuchsia (*Fuchsia excorticata*) and Shining Spleenwort (*Asplenium oblongifolium*).

How to Use:

Easy to use 20ml oral drops. Place 2-4 drops directly under the tongue. Repeat 3-4 times daily. Safe to take more frequently if desired and for as long as required. For maximum benefit, once the 20ml oral drops bottle is opened, continue taking until the bottle is finished.

